

# Pain and Peace

---

## Background

On Pentecost Sunday in 2012 I was preaching at Calne Community Church. I spoke on the coming and purpose of the Holy Spirit and then got the congregation to do an exercise on listening to the Spirit and writing down what they felt he was saying. After about ten minutes, we shared what we had heard which was a very positive time.

Of course, I couldn't opt out of the exercise, and this is what I wrote

---

## Pain and Peace

There is a peace that comes from God. It is a peace that touches the deepest part of our lives – the place where we hide all that troubles and hurts us.

He offers to take away the pain and replace it with his love, to calm our worries and fill us with the joy of his presence. He opens his arms for us, not wanting perfection but our surrender to his forgiveness.

Let us come to him with gladness

---

Pete Bennett  
27th May 2012  
at Calne Community Church